

## **Guidelines Regarding Psychotropic Medication Reviews in Residential Treatment**

**Purpose:** DCS Residential Licensing and IDOH Survey Team are providing the guidelines below to clarify the statutory requirements found in 465 IAC 2-9-73; 2-10-73; 2-11-73; 2-12-71; and 2-13-71, related to Psychotropic Medication Reviews in Residential Treatment.

### **Regarding psychotropic medication reviews every 30 days:**

- May be completed by either the prescribing Advance Practice Nurse (APN), the Primary Care Physician (PCP) (if the prescriber), or the psychiatrist
- There is no need for the APN to have a specialty in psychiatry to complete the review
- The 30-day reviews can be completed with either record review, observation, or a combination of both methods
- The 30-day review should include the psychiatric medications prescribed; the reason for the continuation/discontinuation/change of the medications; and any changes in course of treatment (per 465 IAC 2-9-73; 2-10-73; 2-11-73; 2-12-71; and 2-13-71)
- Documentation of the 30-day review by the APN, PCP, or psychiatrist should be available for review by Department of Child Services (DCS) or Indiana Department of Health (IDOH) representatives upon request

### **Regarding psychotropic medication reviews every 90 days:**

- Must be completed by either the prescribing PCP, or the psychiatrist
- If the 30-day reviews are being completed by an APN, the 90-day review must be completed by the collaborating & consulting PCP or psychiatrist of the APN
- If the APN has a specialty in psychiatry, the collaborating & consulting PCP or psychiatrist of the APN must still complete the 90-day review. Their specialty, although helpful in caring for the child, does not replace the need for the overseeing PCP or psychiatrist to review the APN's work. (per IC-25-23-1-19.4; 848 IAC4-2-1-E)
- The 90-day reviews should include both observation and record review of the child (per 465 IAC 2-9-73; 2-10-73; 2-11-73; 2-12-71; and 2-13-71)
- Observations of the child can be conducted either in person, or virtually via a telemedicine method
- The 90-day review should include the psychiatric medications prescribed; the reason for the continuation/discontinuation/change of the medications; and any changes in course of treatment (per 465 IAC 2-9-73; 2-10-73; 2-11-73; 2-12-71; and 2-13-71)
- Documentation of the 90-day review by the PCP or psychiatrist should be available for review by DCS or IDOH representatives upon request

#### **Acronym Key:**

APN: Advance Practice Nurse; to include Nurse Practitioners

PCP: Primary Care Physician

DCS: Department of Child Services

IDOH: Indiana Department of Health

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